

2021 Federal Poverty Levels (US 48 States, minus Hawaii and Alaska)

Family Size	25%	50%	75%	100% (SNAP net)	125%	130% (SNAP gross)	135% (LIHEAP)	150% (Keeping Current)	200% (WAP) (Keeping Current COVID)	250% (Keeping Cool COVID)
1	\$3,220	\$6,440	\$9,660	\$12,880	\$16,100	\$16,744	\$17,388	\$19,320	\$25,760	\$32,200
2	\$4,355	\$8,710	\$13,065	\$17,420	\$21,775	\$22,646	\$23,517	\$26,130	\$34,840	\$43,550
3	\$5,490	\$10,980	\$16,470	\$21,960	\$27,450	\$28,548	\$29,646	\$32,940	\$43,920	\$54,900
4	\$6,625	\$13,250	\$19,875	\$26,500	\$33,125	\$34,450	\$35,775	\$39,750	\$53,000	\$66,250
5	\$7,760	\$15,520	\$23,280	\$31,040	\$38,800	\$40,352	\$41,904	\$46,560	\$62,080	\$77,600
6	\$8,895	\$17,790	\$26,685	\$35,580	\$44,475	\$46,254	\$48,033	\$53,370	\$71,160	\$88,950
7	\$10,030	\$20,060	\$30,090	\$40,120	\$50,150	\$52,156	\$54,162	\$60,180	\$80,240	\$100,300
8	\$11,165	\$22,330	\$33,495	\$44,660	\$55,825	\$58,058	\$60,291	\$66,990	\$89,320	\$111,650

The Supplemental Nutrition Assistance Program (SNAP) is the largest federal nutrition assistance program. SNAP provides benefits to eligible low-income individuals and families via an Electronic Benefits Transfer card. This card can be used like a debit card to purchase eligible food in authorized retail food stores.

- Gross income means a household's total, non-excluded income, before any deductions have been made.
- Net income means gross income minus allowable deductions.

The Low Income Home Energy Assistance Program (LIHEAP) assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

The Weatherization Assistance Program (WAP) reduces energy costs for low-income households by increasing the energy efficiency of their homes, while ensuring health and safety. WAP is part of the Weatherization and Intergovernmental Programs Office and supports DOE’s objectives to lower energy bills while expanding cost-effective energy choices for all American communities.